

Dear Tide Families:

Mark your calendar for [Saturday, April 17, 2010](#) for the annual Tide Spring Banquet!

When: Saturday, April 17 from 6:00 p.m. to 10:30 p.m.

Location: The Ballroom at the Virginia Beach Convention Center
1000 19th Street
Virginia Beach, VA 23451

Dinner: Sit-down dinner. In order to allow plenty of time for the kids to dance, dinner will be served promptly at 6:30 p.m.

Dinner Menu:

Kids Meal Option - \$15

Fruit Cup
Chicken Tenders, Macaroni & Cheese
Chef's Choice Vegetable

Adult Meal Option #1 (Chicken) - \$25

Fresh Field Greens Salad w/ Cucumbers, Tomatoes
and Carrots, with Vidalia Onion Vinaigrette
Blackened Chicken Breast with Cilantro Cream Sauce and Topped with
Mango Salsa
Chef's Choice of Starch and Fresh Vegetable of the Day

Adult Meal Option #2 (Fish) - \$25

Fresh Field Greens Salad with Cucumbers, Tomatoes, and Carrots
served with Vidalia Onion Vinaigrette
Pan Roasted Salmon with an Orange Almond Beurre Blanc
Chef's Choice of Starch and Fresh Vegetable of the Day

Adult Meal Option #3 (Steak) - \$25

Fresh Field Greens Salad with Cucumbers, Tomatoes, and Carrots
served with Vidalia Onion Vinaigrette
Herb Grilled Flat Iron Steak with an Onion Demi Glace
Chef's Choice of Starch and Fresh Vegetable of the Day

Dessert will include cake for the swimmers and an assortment of irresistible petite desserts for all adults.

All dinner options include ice water, iced tea, soda and/or coffee. A cash bar will be available for all adults in attendance.

Reservation Instructions: All reservations and seat selections will take place using the TIDE website. Payment for meals will automatically be billed to your TIDE account. Please follow the instructions below to ensure proper seat and meal selection. Reservations **MUST** be made no later than **Friday, March 26th**

Seating: If you desire to sit at a table with specific friends/family, you will be able to reserve your seats through the TIDE website (see tab under meets/events). You will need to log in before you can use this feature. Members are encouraged to sign up for a table assignment, even if they are not part of a group of 10. When you have your name listed, others will be able to see who is planning to attend the banquet and they will see where there are open seats. A group may appoint one person to make the group's seating arrangements. Any changes will have to be made by the person who originally entered the names. If you do not have a preference, you can select your seat on Banquet night from those that were not reserved via the website.

PLEASE NOTE: SWIMMERS IN TIDE III AND ABOVE WILL BE PERMITTED TO SIT WITH THEIR TEAMMATES AT RESERVED SWIMMERS TABLES. THOSE TABLE ASSIGNMENTS WILL NOT BE MADE THROUGH THE WEBSITE. THEY WILL BE HANDLED AT THE PRACTICE GROUP LEVEL. Any TIDE III and above swimmer who wants to sit with family members and *not* at a swimmers table should reserve his/her seat via the website. Younger swimmers (TIDE II and below) will only be permitted to sit together if their parents are sitting at an adjacent table. Please reserve your TIDE II or younger swimmer's seat on the website along with your family's seating. Only ten (10) people per table maximum are permitted (this includes high chairs for infants).

Slide Show: We're promised another *fabulous* slide show, **BUT** we need those photos of your swimmers from this past season. Please e-mail them to: John Roche at 6roches@cox.net or copy them to a CD/DVD and call John to arrange a handoff no later than March 31st

If you have any questions, please do not hesitate to contact me at 639-7867 or ssavino@cox.net. Thank you and I look forward to seeing all of you at this year's banquet.

Sandra Savino