## How to Access the Safe Sport course for parents: Parent's Guide to Misconduct in Sport

Go to https://learn.usaswimming.org/

Click REGISTER under USA Swimming LEARN. In order to start, you need to indicate whether or not you are a USA Swimming member

- You are a USA Swimming member if you are a coach, an official, a board member, a registered chaperone, a meet director, or a safe sport athlete advocate
- If you do not fall into any of the categories listed above, **you are a Non-member**. Your swimmer is a USA Swimming member, but that membership does not automatically apply to you, the parent

**Most parents are non-members** so you will need to create an account before you can access the course.

## For USA Swimming NON-MEMBERS

- Under Non-member access, click on "create account"
- You will have to enter your name, birthdate, email address, password (that you create), LSC (select **VIRGINIA SWIMMING**), and club name (select **Tide Swimming**)
- At some point you will be prompted to accept USA Swimming's terms to take courses
- After you have created an account, then click "Courses" on the next page
- On the Courses page, use the filters on the left hand side and click the boxes in front of "Courses" and "Parent" to access the free courses for parents
- Scroll down the page and look for "**Parent's Guide to Misconduct in Sport**" and click "add course"
- Click on START to begin. Use the arrows at the bottom right to advance through the course
- It will take you about 40 minutes to complete the course. Expect a mix of video, self-paced reading, interactive graphics, and pre-test / post-test content. If you answer incorrectly on the posttest you will be given a review so that you know the correct answer. There is no way to "fail" the course.
- When you reach the end of the course, click SUBMIT
- The "survey" and "certificate instructions" are optional IGNORE THEM
- **To access your certificate of completion**, close out of the course (X in top right corner) and you will land back on your LEARN Dashboard where you will see the course marked "Done" with a check mark. Click on the course name and it will take you to a page with your certificate and you can download it from there.
- USA Swimming does NOT send us a list of names of parents who have completed the course so if you would like to earn service hours credit please send your certificate to Sara Beth Roberts, our Safe Sport Chair, using this form. Click <u>HERE</u> for the form.
- You may also send your certificate directly to the service hours chair at servicehours@tideswimming.com

## For USA Swimming Members

- Under "I am a USA Swimming Member", click on START
- Enter your name and date of birth then "search"
- When you see your name in the list of results, click on "continue"

- You are now on the Member Education page. You want to click "Go to LEARN"
- Once in LEARN, you'll land on your Dashboard. It will show you all of the courses you have completed
- In the menu bar at the top, click on "Courses"
- On the Courses page, use the filters on the left hand side and click the boxes in front of "Courses" and "Parent" to access the free courses for parents
- Scroll down the page and look for "**Parent's Guide to Misconduct in Sport**" and click "add course"
- Click on START to begin. Use the arrows at the bottom right to advance through the course
- It will take you about 40 minutes to complete the course. Expect a mix of video, self-paced reading, interactive graphics, and pre-test / post-test content. If you answer incorrectly on the posttest you will be given a review so that you know the correct answer. There is no way to "fail" the course.
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